

**THE EGO DEFENSE MECHANISM OF GINNY THE MAIN
CHARACTER IN *GINNY AND GEORGIA*: A PSYCHOANALYSIS STUDY**



A Research Paper (S-1)

Submitted in a Partial Fulfillment of

the Requirements for

an Undergraduate Degree (SS) in

English Language and Literature

by

HERJUN INDRA SUBAGYO

20.03.52.3006

FACULTY OF LAW AND LANGUAGE

STIKUBANK UNIVERSITY

2024

SURAT PERNYATAAN KESIAPAN UJIAN AKHIR

Saya, HERJUN INDRA SUBAGYO deng ini menyatakan bahwa laporan yang berudul :

THE EGO DEFENSE MECHANISM OF GINNY THE MAIN CHARACTER IN GINNY AND GEORGIA : A PSYCHOANALYSIS STUDY

adalah benar hasil karya saya dan belum pernah diajukan sebagai karya ilmiah sebagian atau seluruhnya atau pihak lain.

HERJUN INDRA SUBAGYO
20.03.52.3006

Disetujui Oleh Pembimbing
Kami setuju laporan tersebut diajukan untuk Ujian
Semarang, 31 Juli 2024



ENDANG YULIANI RAHAYU, S.S., M.Pd.
Pembimbing



HALAMAN PENGESAHAN

Skripsi dengan Judul

THE EGO DEFENSE MECHANISM OF GINNY THE MAIN CHARACTER IN GINNY AND GEORGIA : A PSYCHOANALYSIS STUDY

Ditulis oleh

NIM : **20.03.52.3006**

Nama : **HERJUN INDRA SUBAGYO**

Telah dipertahankan di depan Tim Dosen Penguji skripsi dan diterima sebagai salah satu syarat guna menyelesaikan Jenjang Program S1 Program Studi Sastra Inggris (DLC) pada Fakultas HUKUM DAN BAHASA Universitas Stikubank (UNISBANK) Semarang.

Semarang, 26-08-2024

Ketua



(ENDANG YULIANI RAHAYU, S.S., M.Pd)
NIDN. 0629076801

Sekretaris



(Prof. Dr. Dra. KATHARINA RUSTIPA, M.Pd)
NIDN. 0628086301

Anggota



(TEGUH KASPRABOWO, S.Pd., M.Pd)
NIDN. 0611127805

Mengetahui,
Universitas Stikubank (UNISBANK) Semarang
Fakultas HUKUM DAN BAHASA
Dekan



(Dr. AGNES WIDYANINGRUM, S.E., S.Pd., M.Pd.)
NIDN. 0604017201



Dokumen ini telah ditandatangani secara elektronik menggunakan sertifikat elektronik yang diterbitkan Digisign Unisbank. Untuk memastikan keasliannya, silahkan scan QRCode dan pastikan diarahkan ke alamat <https://digisign.unisbank.ac.id>

1/1

DECLARATION

I declare that the Research Paper entitled "***The Ego Defense Mechanism of Ginny the Main Character in Ginny and Georgia: A Psychoanalysis Study***" is my original research work and has never been submitted for any degree award anywhere else. The ideas, findings, and works of others cited here are fully recognized in accordance with the tradition of academic writing.

Semarang, July 24, 2024

The writer,

A handwritten signature in black ink, appearing to read "herjun".

Herjun Indra Subagyo

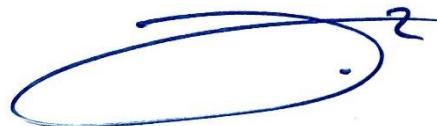
NIM: 20.03.52.3006

SUPERVISOR'S APPROVAL

This is to certify that Final Project entitled "**The Ego Defense Mechanism of Ginny the Main Character in Ginny and Georgia: A Psychoanalysis Study**" has fulfilled the requirements for the research paper examination.

Semarang, July 24, 2024

SUPERVISOR



Endang Yuliani Rahayu, S.S., M.Pd.

NIDN: 0629076801

PAGE OF APPROVAL

A research paper entitled "**The Ego Defense Mechanism of Ginny The Main Character in Ginny and Georgia: A Psychoanalysis Study**" written by *Herjun Indra Subagyo / 20.03.52.3006* has been accepted for approval by the Board of Examiners, FHB Stikubank University (UNISBANK) Semarang upon presentation and oral examination conducted on August 14, 2024.

BOARD OF EXAMINERS

Chairperson,

Endang Yuliani Rahayu, S.S., M.Pd.

NIDN: 0629076801

Secretary,

Prof., Dr., Dra. Katharina Rustipa, M.Pd.

NIDN: 0628086301

Member,

Teguh Kasprabowo, S.Pd., M.Pd.

NIDN: 0611127805

Dean of Faculty of Law and Language,



Dr. Agnes Widyaningrum, S.E., S.Pd., M.Pd.

NIDN: 0604017201

SURAT PERNYATAAN KEASLIAN TUGAS AKHIR/ SKRIPSI

Yang bertanda tangan di bawah ini, saya menyatakan bahwa TUGAS AKHIR / SKRIPSI dengan Judul :

THE EGO DEFENSE MECHANISM OF GINNY THE MAIN CHARACTER IN GINNY AND GEORGIA : A PSYCHOANALYSIS STUDY

yang telah diuji di depan tim penguji pada tanggal 14 Agustus 2024, adalah benar hasil karya saya dan dalam TUGAS AKHIR / SKRIPSI ini tidak terdapat keseluruhan atau sebagian tulisan orang lain yang saya ambil dengan cara menyalin, atau meniru dalam bentuk rangkaian kalimat atau simbol yang saya ambil dengan seolah-olah sebagai tulisan saya sendiri dan atau tidak terdapat bagian atau keseluruhan tulisan yang saya salin, tiru atau yang saya ambil dari tulisan orang lain tanpa memberikan pengakuan pada penulis aslinya.

Apabila saya melakukan hal tersebut diatas, baik sengaja maupun tidak, dengan ini saya menyatakan menarik TUGAS AKHIR / SKRIPSI yang saya ajukan sebagai hasil tulisan saya sendiri.

Bila kemudian terbukti bahwa saya ternyata melakukan tindakan menyalin atau meniru tulisan orang lain seolah-olah hasil pemikiran saya sendiri, berarti gelar dan ijazah saya yang telah diberikan oleh Universitas Stikubank (UNISBANK) Semarang batal saya terima.

Semarang ,

Yang Menyatakan



HERJUN INDRA SUBAGYO

NIM :20.03.52.3006

SAKSI 1

Tim Penguji

(ENDANG YULIANI RAHAYU, S.S., M.Pd)

SAKSI 2

Tim Penguji

(Prof. Dr. Dra. KATHARINA RUSTIPA, M.Pd)

SAKSI 3

Tim Penguji

(TEGUH KASPRABOWO, S.Pd., M.Pd)

MOTTO AND DEDICATION

“Everything you lose is a step you take.” – Taylor Swift

“No matter what happens in life, be good to people. Being good to people is a wonderful legacy to leave behind.” – Taylor Swift

Dedicated to:

Allah SWT

My self

My supportive parents

My supportive sisters

My respectable lecturers

My lovely best friends

ABSTRACT

Subagyo, Herjun Indra. 2024. *The Ego Defense Mechanism of Ginny The Main Character in Ginny and Georgia: A Psychoanalysis Study*. A Research Paper (S-1), Department of English Literature in Universitas Stikubank Semarang (UNISBANK). Supervisor: Endang Yuliani Rahayu, S.S., M.Pd.

This thesis discusses psychoanalysis in character using the theory of Psychoanalysis by Sigmund Freud. The character is taken from the main character in the Netflix shows "Ginny and Georgia" which tells the life of a teenager and the life of her mother. This research uses a qualitative descriptive method and the data is taken from the Netflix series Ginny and Georgia, its scripts, dialogs, books, articles, journals, and related websites. This finding focuses on Ginny as the main character discussing the personality structure such as her id, ego and superego, her anxieties (realistic, neurotic, and moral), and ego defense mechanisms that Ginny uses such as displacement, sublimation, projection, denial and rationalization.

Keywords: Ginny and Georgia, Netflix, Psychoanalytic, Freudian, Anxiety, Defense mechanisms.

ACKNOWLEDGMENTS

The writer would like to thank Allah SWT and all the people closest to him who were involved in making this thesis, especially my supportive parents and Mrs. Endang as my supervisor who gave her time to guide and read his thesis and he knows that she is really busy. Then he thanks his three-older-sisters who have supported him to complete this thesis. It was because of their encouragement that he became enthusiastic and had a strong determination to work on this thesis.

He also thanks the people involved at Stikubank University, especially at the Faculty of Law and Languages, which consists of Mrs. Agnes Widyaningrum as Dean of the Faculty of FHB, Mrs. Yulistiyanti as Head of the English Literature Study Program, and Lecturers from the Department of English Literature

Then he also thanks to his friends from his fellows in the English Literature Department such as Viona, Junita, Mazia, Galuh, Kiki, Anet, Ririn. They are great people as well, because they gave blood, sweat, and tears to fight to graduate as an undergraduate like him. He also doesn't forget his friends who support him like Regia and Ariella. They are really supportive friends.

Finally, He hopes that this thesis will be useful for everyone and provides inspiration to make the next scientific work.

Semarang, July 24, 2024



Herjun Indra Subagyo

TABLE OF CONTENTS

COVER	i
SURAT PERNYATAAN KESIAPAN UJIAN AKHIR.....	ii
HALAMAN PENGESAHAN.....	iii
DECLARATION	iv
SUPERVISOR'S APPROVAL	v
PAGE OF APPROVAL	vi
SURAT PERNYATAAN KEASLIAN SKRIPSI.....	vii
MOTTO AND DEDICATION	viii
ABSTRACT	ix
ACKNOWLEDGMENTS	x
TABLE OF CONTENTS	xi
CHAPTER I INTRODUCTION.....	1
1.1 Background of The Study.....	1
1.2 Statement of The Problems	4
1.3 Objectives of The Study	5
1.4 Scopes of The Study	5
1.5 Significances of The Study.....	5
1.6 Approach to The Study	6
1.7 Organization of The Paper.....	7
1.7.1 Chapter 1: Introduction	7
1.7.2 Chapter 2: Synopsis and Biography	7
1.7.3 Chapter 3: Review of Related Literature	7

1.7.4 Chapter 4: Findings and Discussion	8
1.7.5 Chapter 5: Conclusion	8
CHAPTER II SYNOPSIS OF <i>GINNY AND GEORGIA</i> (2021) AND THE BIOGRAPHY OF <i>SARAH LAMPERT</i>.....	9
2.1 Synopsis of <i>Ginny and Georgia</i>	9
2.2 The biography of <i>Sarah Lampert (The Director)</i>	12
CHAPTER III REVIEW OF RELATED LITERATURE	15
3.1 Previous Studies	15
3.2 Popular Culture.....	19
3.2.1 Film as Popular Culture	19
3.2.2 Positive and Negative Effects of Popular Culture	20
3.3 Intrinsic Elements.....	21
3.3.1 Theme	22
3.3.2 Character	22
3.3.3 Protagonist	22
3.3.4 Antagonist	23
3.3.5 Additional Character	23
3.3.6 Characterization	24
3.3.7 Plot	24
3.3.8 Setting	24
3.3.9 Point of View	25
3.4 Conflict.....	25
3.4.1 Internal Conflict.....	26
3.4.2 External Conflict.....	26

3.5 Psychoanalysis by Sigmund Freud.....	27
3.6 Three Psychic Apparatuses.....	27
3.6.1 Id	28
3.6.2 Ego	28
3.6.3 Superego	28
3.7 Anxiety	28
3.7.1 Realistic Anxiety.....	29
3.7.2 Neurotic Anxiety.....	29
3.7.3 Moral Anxiety	30
3.8 Defense Mechanisms.....	30
3.8.1 Denial.....	31
3.8.2 Repression.....	31
3.8.3 Regression.....	32
3.8.4 Projection	32
3.8.5 Rationalization	32
3.8.6 Displacement	33
3.8.7 Reaction Formation.....	33
3.8.8 Sublimation.....	33
3.8.9 Intellectualization.....	33
3.8.10 Compartmentalization.....	34
CHAPTER IV FINDINGS AND DISCUSSIONS	35
4.1 The Id, Ego, and Superego of Ginny in “Ginny and Georgia”.....	35
4.1.1 The Id of Ginny.....	35
4.1.2 The Superego of Ginny	39

4.1.3 The Ego of Ginny	44
4.2 Anxieties of Ginny in “Ginny and Georgia”	51
4.2.1 Realistic Anxiety.....	52
4.2.2 Neurotic Anxiety.....	53
4.2.3 Moral Anxiety	56
4.3 The Ego Defense Mechanisms of Ginny in “Ginny and Georgia”.....	58
4.3.1 Displacement and Sublimation	58
4.3.2 Projection	60
4.3.3 Denial.....	61
4.3.4 Rationalization.....	62
CHAPTER V CONCLUSION AND SUGGESTION	65
5.1 Conclusion.....	65
5.2 Suggestion	66
BIBLIOGRAPHY	68
LEMBAR BIMBINGAN	72
BERITA ACARA REVISI	74