

DEFENSE MECHANISM OF THE MAIN CHARRACTER IN “AFTER”

WRITTEN BY ANNA TODD



A Research Paper (S-1)

Submitted in a Partial Fulfillment of

the Requirements for

an Undergraduate Degree (SS) in

Law and Language Studies

by

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2024

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MOTTO AND DEDICATION

If you want something you've never had, you must be willing to do something you've never done. Success is a journey, not a destination

This thesis I dedicated to:

My Beloved Parents for their Endless Love, Support and Encouragement.

Hambali & Dairiyah

ACKNOWLEDGMENT

Praise God Almighty, who has given gifts and blessings so that the researcher can finish the thesis entitled " *Defense Mechanism of Main Character In "After" Written By Anna Todd* " to fulfill the requirements for obtaining a bachelor's degree partially.

This thesis can be finished because of the help of many people. On this occasion, the researcher would like to express the deepest gratitude to:

1. Dr. Agnes Widyaningrum, S.E., S.Pd., M.Pd, Dean of Faculty Law and Language Studies.
2. Yulistiyanti, S.S., M.Hum., Head of the English Literature Department, Faculty of Law and Language Studies of Stikubank University, Semarang and is one of the lecturers who taught me during my education.
3. All the English Literature Department lectures, Faculty of Law and Language Studies of Stikubank University, Semarang thank for everything
4. Teguh Kasrabowo, S.Pd., M.Pd is one of the lecturers in the Law and Language Studies Faculty at Stikubank University and a supervisor in preparing this thesis. Thank you for providing helpful knowledge and providing input during the process of doing this thesis.
5. To my beloved parents, My dad Hambali and my mom Dairiyah who have supported me mentally and thank for their prayer.
6. To my beloved boss, Zhou Xiao Qing , who gave me support during my education.

7. My beloved sister, Alifatussalma.

8. My college friends went through this education together from the start till now.

Thanks to God Almighty, who has given mercy and grace. That always provides me with health so I can complete my studies correctly.

Semarang, August 26, 2024

Maziyyatul Khofifah

ABSTRACT

Khofifah, Maziyyatul. 2023. *Defense Mechanism of Main Charracter In “After”* Written By Anna Todd. A Final Project in a Partial Fulfilment of the Requirements for a Degree Award of Sarjana Sastra in English Language and Literature, Supervised by Teguh Kasprabowo, S.Pd,M.Pd, Faculty of Law and Language Studies Stikubank University Semarang

This study is conducted to analyze a novel by Anna Todd entitled *After*. This thesis tells about the background of the conflicts between Hardin and his father and also Tessa, who can be said to be the person who is closest to Hardin.

In this study the author focuses on the main character, namely Hardin, his defense mechanism, and the way he shows it. The author uses a qualitative description method because this thesis aims to explain Hardin's self-defense mechanism. The data used was taken from the novel itself. The theory used by the author is Sigmund Freud's theory of self-defense mechanisms. The author uses Sigmund Freud's theory of self-defense mechanisms. Data is analyzed by reading, understanding, and identifying. With this analysis, the author finds that the main character uses denial, projection, rationalization, isolation, aggressor identification, and displacement. The main character forms a self-defense mechanism to prevent anxiety.

Key words : defense mechanism, id, ego, superego, unconscious motive

ABSTRAK

Khofifah, Maziyyatul. 2023. Defense Mechanism of Main Charracter in —Afterl
Written by Anne Todd. Tugas Akhir Pemenuhan Sebagian Persyaratan
Penghargaan Gelar Sarjana Sastra Bidang Bahasa dan Sastra Inggris, Dibimbing
oleh Teguh Kasprabowo, S.Pd, M.Pd, Fakultas Hukum dan Bahasa Universitas
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Penelitian ini dilakdanakan untuk menganalisis sebuah novel karya Anna Todd dengan judul After. Skripsi ini menceritakan tentang latar belakang terjadinya konflik antara Hardin dan ayahnya dan juga Tessa yang bisa dikatakan sebagai orang yang paling dekat dengan Hardin.

Dalam penelitian ini penulis berfokus pada tokoh utama yaitu Hardin, mekanisme pertahanan dirinya, dan cara yang dilakukannya. Penulis menggunakan metode deskripsi kualitatif karena skripsi ini bertujuan untuk menjelaskan mekanisme pertahanan diri yang dilakukan Hardin. Data yang digunakan diambil dari novel itu sendiri. Teori yang digunakan penulis adalah teori mekanisme pertahanan diri dari Sigmund Freud. Penulis menggunakan teori mekanisme pertahanan diri dari Sigmund Freud. Data dianalisis dengan cara membaca, memahami, dan mengidentifikasi. Dengan analisis tersebut penulis menemukan bahwa tokoh utama menggunakan denial, projection, rasionalization, isolasi, agresor identification, dan displacement. Tokoh utama membentuk mekanisme pertahanan diri untuk mencegah terjadinya kecemasan.

Kata kunci: mekanisme pertahanan, id, ego, superego, motif bawah sadar

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