

CHAPTER 1

INTRODUCTION

1.1 Background of the Study

Most people have experienced a memorable series of events in their lives. It can be good because it will always be remembered, or it can be bad because it will be difficult to forget until it causes someone trauma. Trauma is a mental state that causes injury. Trauma is an event that involves feelings and emotions, according to Heidarizadeh in his journal article *The Significant Role of Trauma in Literature and Psychoanalysis*. It can sometimes have a negative impact on the sufferer. It sometimes causes negative effect to the sufferer. This is as stated in the following citation:

Past trauma and traumatic memories affect the mind of the characters. Confusion and insecurity cause trauma; typical causes of psychoanalysis trauma are sexual abuse, employment discrimination, police brutality, bullying, domestic violence, and particularly childhood experiences. Significantly, childhood trauma can lead to violent behavior (2014:788- 789)

Someone who has felt traumatic in the past also called people with PTSD. PTSD is post- traumatic stress disorder. PTSD is a mental health condition that's triggered by a terrifying event — either living it or witnessing it Flashbacks, nightmares, and severe anxiety, as well as uncontrollable thoughts about the event, may be symptoms.

Some causes of post-traumatic stress disorder include experiencing, witnessing, or learning about an event involving actual or threatened death, serious injury, or sexual violation. Doctors are baffled as to why some people develop PTSD. PTSD, like most mental health issues, is most likely caused by a complex combination of Stressful experiences, including the amount and severity of trauma you have gone through in your life

- Stressful experiences, including the amount and severity of trauma in your life; and
- Inherited mental health risks, such as a family history of anxiety and depression.
- Inherited personality traits referred to as temperament
- The way your brain regulates the chemicals and hormones released by your body in response to stress Risk elements

Post-traumatic stress disorder can affect people of all ages. However, some factors may increase the likelihood of developing PTSD following a traumatic event, such as:

- Experiencing intense or long-lasting trauma
- Having previously experienced trauma, such as childhood abuse
- Having a job that exposes you to traumatic events, such as military personnel and first responders.

A movie is created not only for entertainment purposes, but also as a medium to deliver certain messages or criticism that occur in society. It frequently

incorporates imaginative elements into the story. The author believes that imagination in a film is related to human psychology. Humans require imagination to feel what the characters in the film have felt, whereas psychology provides us with a view of certain realities through imagination. The writer is interested in analyzing the relationship between movie and psychology aspects, so the film *Frozen* is chosen as the subject of the study.

This film is set in the Kingdom of Arendelle, and Princess Elsa has the ability to create and freeze ice and snow, which her younger sister Anna enjoys playing with. Elsa accidentally hits Anna in the head with her power and nearly kills her. Their parents took her to a troll, who both saved and killed Anna. It made forget about her sister's talents. Elsa returns to the castle and locks herself in her room, fearful that her increased strength will injure Anna. Their parents perished when their ship capsized in the sea. Elsa's coronation three years later forces her to open the gates of her castle to celebrate with the people.

Anna met Prince Hans at a party and immediately fell in love and decided to marry him. But Elsa disagrees, loses control of her powers, and freezes Arendelle. Elsa flees into the mountains and Anna teams up with farmer Kristoff, Sven's reindeer, and a snowman. Olaf is looking for Elsa. They find her in the ice castle and she accidentally attacks Anna using her ice powers right in the heart. Only true love can save his sister from death.

In this study, the writer uses movie scripts as the Primary data and another sources that are relevant to the topic of the discussion. To analyze a literary work

is to identify the separate parts that make it up, to determine the relationship among the parts, and to discover the relation. The reason to analyze the main character in the movie script is it very interesting and could build such an atmosphere that tendsto affect the emotion and feeling of the reader. This type of movie was an animation movie which was directed by Chris Buck and Jennifer Lee. There also Kristen Bell as Anna (voice), Idina Menzel as Elsa (voice), Jonathan Groff as Kristoff (voice) and Josh Gad as Olaf (voice).(Buck & Lee, 2013).

1.2 Statement of the problems

To help the writer to analyse, the writer decides the problem statements as follows:

1. What are the causes of post-traumatic stress disorder suffered by Elsa in Chris Buck's Frozen 2013?
2. How are Elsa's struggle from PTSD represented in Chris Buck's Frozen 2013?

1.3 Objective of the Study

Every writing needs to achieve the goal so does this writing. In order to achieve the goal, the writer has decided the objective of this study that must be in accordance with the problem statements as mentioned above:

1. To find out the causes of post-traumatic stress disorder suffered By Elsa In Chris Buck's Frozen 2013
2. To describe the struggle of post-traumatic stress disorder By Elsa in Chris Buck's Frozen 2013

1.4 Scope of the Study

Since there are many aspects which can be analyzed in Frozen, the writer makes limitation or as the scope of the research. The study is limited to discuss the causes of PTSD suffered by ELSA and the impacts of post-traumatic stress disorder to her surrounding shown in Chris Buck's Frozen movie.

1.5 Significance of the Study

This research is expected to give theoretical and practical contribution for the development of literary study. Theoretical, beneficial results of this study provide a description of psychological approach and post-traumatic stress disorder (PTSD). It is conducted to the readers in term of broadening their knowledge and experience about literature and psychology. This study produced a model and application of psychological as applied to literary works such as a movie. So that the readers can see and understand in depth how the theory works. Besides that, readers can understand well about a post-traumatic stress disorder (PTSD) in their real life.

The movie of Frozen illustrated the life of a person, where there were so many conflicts in her life, whether it was from herself or her society. Elsa hated herself because she could not control her emotion. Elsa hated what she had done. She had a different point of view from other people. She hated her ability because she could not control it and caused her sister to set hurt.

1.6 Approach to the Study

This study focuses on the context-oriented approach. Scholars and critics engage in close reading to discover deeper meaning, identify narrative patterns or themes, and detect influences, then analyze and synthesize their findings. They bring these disparate details together like pieces of puzzle to explain why and how a text is significant and how it fits into culture and literature in general.

The theory that the writer uses in this thesis are Sigmund Freud and J. Bleuler's theory: The Study on hysteria. They state that the causal relation between the determining psychological trauma and the hysterical phenomenon is not of a kind implying that the trauma merely acts like an agent provocateur in releasing the symptom, which thereafter leads an independent existence.

We must presume rather that the psychological trauma - or more precisely the memory of the trauma - acts like a foreign body which long after its entry must continue to be regarded as an agent that is still at work; and we find the evidence for this in a highly remarkable phenomenon which at the same time lends an important practical interest to our findings (Norris, 2013).

1.7 Organization of the Paper

This paper is divided into five chapters. The first chapter is the introduction that includes the background of the study, statement of the problem, the objective of the study, the scope of the study, the significance of the study, approach of the study, and organization of the paper. The second chapter consists of biography of Jennifer Lee and synopsis of the Frozen Movie. The third chapter

consists of the previous study, popular culture, film definition, psychoanalysis definition, PTSD definition. The fourth chapter consists of an analysis to discuss the causes of PTSD suffered by Elsa and the impacts of post-traumatic stress disorder to her surrounding shown in Chris Buck's Frozen movie. Finally, in the last chapter is the conclusion of the analysis about the PTSD Elsa in frozen movie.