

## ABSTRACT

Santoso, Yemima Denalyn, 2022. *Ego Defense Mechanism of Obsessive-Compulsive Disorder (OCD) Sufferer in John Green's Turtles All the Way Down*. A Final Project in a Partial Fulfillment of the Requirements for an Undergraduate Degree of English Department of Stikubank University (UNISBANK) Semarang Supervised by Yulistiyanti, S.S, M.Hum.

These three components play a key role in this research: (1) the psychoanalytic perspective from Sigmund Freud which discussed about three elements of personality in Aza Holmes; (2) mental illness in a form of obsessive-compulsive disorder that reflected on Aza Holmes' daily life; (3) and the ego defense mechanisms to see how Aza Holmes copes with her obsessive thoughts. This study is analyzed using context-oriented approach, which included in reading the novel, identifying and selecting the data, evaluating the data based on Sigmund Freud's psychoanalysis theory, and interpreting the findings. According to the findings of this study, Aza Holmes' Id is more demanding than her ego and superego. This can be used to assess whether Aza Holmes suffers from obsessive thoughts and compulsive behaviors. It also manifests on how Aza Holmes' obsessive-compulsive disorder condition always related to her psychological defense mechanisms in her daily life.

**Keywords:** Three Elements of Personality, Ego Defense Mechanism, Obsessive-Compulsive Disorder, Turtles All the Way Down's Novel

## **ABSTRAK**

Untuk melengkapi topik penelitian, peneliti membagi penelitian ini menjadi tiga bagian: (1) pandangan psikoanalisis dari teori Sigmund Freud yang membahas tiga elemen kepribadian di dalam diri Aza Holmes; (2) penyakit mental gangguan obsesif kompulsif di dalam kehidupan sehari-hari Aza Holmes; (3) sistem pertahanan ego untuk melihat bagaimana Aza Holmes mengatasi pikiran obsesifnya. Penelitian ini dianalisis menggunakan pendekatan berorientasi pada konteks yang dimulai dari membaca novel, mengidentifikasi dan memilah data, mengevaluasi data berdasarkan teori psikoanalisis Sigmund Freud, dan menginterpretasikan data tersebut. Berdasarkan penemuan-penemuan di dalam penelitian ini, Id di dalam diri Aza Holmes bersifat lebih menuntut daripada ego dan superegonya. Hal ini dapat menjadi acuan bahwa Aza Holmes menderita dari pikiran obsesifnya dan perilaku kompulsifnya. Selain itu pula dapat terlihat bahwa gangguan obsesif kompulsif yang diderita Aza Holmes selalu berkaitan dengan sistem pertahanan diri secara psikologisnya di dalam kehidupan sehari-harinya.

**Kata kunci:** Tiga elemen kepribadian, sistem pertahanan ego, gangguan obsesif kompulsif, novel *Turtles All the Way Down*