

# CHAPTER 1

## INTRODUCTION

### 1.1. Background of the study

Literature is the making of literary work which is expressed through the writing style or expressions such as drama, short story, novel, and many others (Safrudi, 2014:42). In other words, audiences can enjoy the drama if the player shows good performance with the best expressions.

According to Fatiyah (2018), literature is a medium used by imaginative individuals to bridge the gap between their views and reality by modifying facts or their imagination. In general, literature is a human expression in the form of written or oral works based on thoughts, opinions, experiences, and feelings. All ideas contained in literature are embodied in imaginative forms or mirrors of reality.

Eccording to Lestari's (2019) explanation, the original definition of literature is referred to as "literacy". Literature derives from Sanskrit, namely literature "su" denotes "good or beautiful" whereas "literature" implies "book, writing, or letters."

Rexroth (2023) states that literature, derived from the Latin littera, "a letter of the alphabet," is first and foremost humankind's complete body of writing. Second, the body of writing pertaining to a specific language or people, and finally, particular pieces of writing.

According to Abrams In Nurgiyantoro. Literature, there are some that we hear the most or know about, including novels, short stories, dramas, poetry and prose. In this era, the novel is one of the works that we often encounter because the novel is very different from other literary works, the novel is very focused on holistic traits and focuses on everything in a complex manner and conveys conflict as a whole and often has values. Positive values in it, such as educational values, norms and culture (2015:11-12)

From the statement above, the writer concludes that literature is the entirety of written expression in the fiction, which interpret the meaning of nature and life, desire to understand the expression and share experiences.

Since the 16th century the novel has become a world concern as one of the works. Novels can bring readers to imagine imagin the story being read. Novels also give moral messages to readers apart from entertaining. In this study entitled *Defense Mechanisms of the the Main Charracter in "After" written by Anna todd* the focus is on Hardin, he main character, defense mechanism.

"After" is a young adult romance novel written in 2014 by American author Anna Todd under her Wattpad name Imaginator1D and published by Gallery Books, an imprint of Simon & Schuster. This discussion covers the motives of Hardin's defense mechanisms and the types of defense mechanisms exposed by Hardin. In Hardin's defense mechanism, using Freudian theory. The method used in this study is a

qualitative descriptive method because this thesis aims to explain the defense mechanism of the main character in the novel, his research applies a psychoanalytic approach because it discusses defense mechanisms from the point of view of psychoanalytical theories. The results of the analysis show that the subconscious motive of Hardin's self-defense mechanism has not resolved the conflict with his father. There are seven types of defense mechanisms described by Hardin : displacement, rejection, projection, isolation, reaction formation, and identification with the aggressor.

After doing the analysis the author found discover unresolved conflicts of unconscious motives perpetrated by the main character to form a self-defense mechanism.

There are several previous studies on defense mechanism which is represented through literary works. The first was the research conducted by Wa Ode Nia Fadhillah (2018), to find the self-defense mechanisms Fadhillah employed an intrinsic approach focused on characters, plot, setting, and themes and a psychoanalytic approach, focused on Freudian psychoanalysis. In her analysis, Fadhillah revealed the structural aspect and anxiety and the types of defense mechanisms used by the main character.

Husni Mubarak (2019), in his research entitled “The Defense Mechanism of the Main Character in The Road Novel by Cormac McCarty”, Husni Mubarak's analyzed the types of self-defense mechanisms used by the main character in the novel. The similarity between the previous study and the present study is the topic of the

discussion. That is to say that both types of research discuss defense mechanisms.

Third, a previous study was conducted by Khendy in 2020. His research was entitled “Defense Mechanism System of the Main Character in Whispering Skull Novel: a Psychological Approach” In this study, Khendy determined the system of self-defense mechanisms used by the main character in Whispering Skull. The analysis focused on the types of self-defense mechanisms used by the main character in Jonathan Stroud's The Whispering Skull. In revealing the system of defense mechanisms, he applied the psychological theory of Freud. The analysis focused on the structural part of personality and the types of defense mechanisms used by the main character.

Fourth, a previous study was conducted by Bayu Adi Saputra in 2021. His research was entitled “Defense Mechanism of Lilly in S.A Swann’s Wolfbreed and Lucy in Lynn Okamoto’s Elfen Lied” from 17 Agustus 1945 University of Surabaya. In this study, Bayu Adi Saputra determines the defense mechanism phenomenon of the two stories and use comparative literary theory. The analysis focused on comparing two literary works from two different countries used by the main character in S.A Swann's Wolf breed Novel and the main character in Okamoto's Elfen Lied. In uncovering the defense mechanism system, he applied Freud's psychoanalytic theory. The analysis focused on self-defense mechanisms and compare the literature

from two different countries by reflecting on the culture of the people in dealing with anxiety.

Finally, a previous study was conducted by Ardi Setiawan in 2022. His research was entitled ‘’Defense Mechanism of Laurie Strode in John Passarella’s Halloween’’ from 17 Agustus 1945 University of Surabaya. In this study, Ardi Setiawan determined the Defense Mechanism in The Character of Hardin Scott Reflected In Anna Todd’s After system of self-defense mechanism used by the main character in the Halloween Novel. The analysis focused on the types of defense mechanisms used by the main character in John Passarella’s Halloween. In revealing the system of defense mechanisms, he applied the psychoanalytic theory of Freud.

Therefore, this study seeks to capture other dimensions so that it is different from previous research. The difference between the present study and the previous study is the focus of the analysis. In the present study, the focus of the analysis is not only on the types of defense mechanisms used by the character but also on the unconscious motives of the defense mechanisms. In addition, the present study also uses a different data source, namely Anna Todd’s ‘‘After’’.

## **1.2. Statements of the Problems**

Based on the background above the problem statements in this study can be formulated as follow:

1. Why does Hardin do defense mechanism ?

2. What type of defense mechanism shown by Hardin?
3. How Hardin act of defense mechanism affect other character in the story?

### **1.3. Objectives of the Study**

In accordance with the problem above, this study aims to:

1. To describe factors that make the main character does defense mechanism.
2. To explain types of defense mechanism done by the main character.
3. To explain the effects of Hardin's defense mechanism other character

### **1.4. Scope of the Study**

This study focuses on defense mechanisms, so the authors use the psychoanalysis theory of Sigmund Freud. The psychoanalytic approach focuses on describing how the subconscious mind regulates conscious processes in ways that interfere with healthy psychological functioning.

Freud believed that personality has three components namely the id, which operates according to the pleasure principle; the ego, which operates according to the reality principle; and the superego, which internalizes society's rules and values.

Sigmund Freud stated that personality is a structure consisting of three systems, namely the id, ego, and super ego, while behavior is nothing

but the result of the conflict and reconciliation of the three elements in the personality system.

### **1.5. Significance of the Study**

The researcher hopes that through this research it can help readers understand the psychoanalytic defense mechanism according to Sigmund Freud's theory and how this theory is packaged like in After's novel.

The writer hopes that the readers can understand the moral message conveyed in the "After" novel which contains how to deal with problems, solve problems, and overcome or resolve problems. This research is expected to increase knowledge about how to control emotions to let go of the fear that is in us. And this research is expected to add references in learning English literature.

### **1.6. Approach of the Study**

The researcher applies text oriented approach in this study to analyze the data. Text oriented approach is one of the theoretical approaches to literature. The theoretical approaches to literature are the way to interpretation of the literature from several focuses such as text, reader, author and context oriented. The researcher describes the literary theory that will be used to review the thesis. In this study, researcher used the theory of defense mechanisms. Sigmund Freud coined the term "defense mechanism" to describe this type of psychological approach.

The method used in this research is descriptive-analytic. This method is done by describing the facts which are then analyzed. Data

analysis in this study was carried out by describing the interpretation of the data and the interpretation of the data presented descriptively

The facts referred to in this study are data on unconscious motives and types of defense mechanisms contained in Anna Todd's *After* Novel.

Data collection techniques will be done by reading, identifying, and classifying. The steps that must be taken are as follows: 1) The researcher reads the novel carefully and understands the novel in-depth, 2) The researcher identifies the types of defense mechanism described in the novel, and 3) The researcher classifies the data findings from the novel. The steps for taking notes are recording the results of the description and quoting sentences in “*After*” novel which can be in the form of words or sentences.

This research is based on the psychoanalytic theory proposed by Sigmund Freud. In psychoanalysis theory, it uses the types of defense mechanisms and also unconscious motives in the theory proposed by Freud.

Data Analysis Procedure in this study is divided into three stages. The first stage is the writer analyzes the data to figure out the way the novel elaborated on the idea of defense mechanism in terms of Freud's theory. The second step is for the writer would analyze the phrases and sentences to find out how the defense mechanisms and unconscious motives are portrayed in the novel. The last stage is the writer making a conclusion. After verification, a conclusion can be drawn based on the



research results presented in the form of a description. Drawing this conclusion is the final stage of data analysis activities as well as the end of data processing.

## **1.7. Organization of the Paper**

This study is composed of 5 (five) chapters:

### **1. Chapter I**

Chapter I is the Introduction of the study. The first chapter describes an introduction that contains the background of the study, statement of the problem, objective of the study, scope of the study, significance of the study, approach of the study, and organization of the paper.

### **2. Chapter II**

Chapter II is Synopsis and Biography. This chapter consists of Anna Todd's biography and synopsis of the novel "After".

### **3. Chapter III**

Chapter III is the Riview of Related Study. This chapter discusses previous study, literature, novel, character, Sigmund freud's Psychoanalysis, and defense mechanism.

### **4. Chapter IV**

Chapter IV is the Finding and Discussion. This chapter explained the finding and discussion of the problem found in the novel.

## 5. Chapter V

Chapter V is the Conclusion and Suggestion which concludes the analysis of the study and gives suggestion.