

CHAPTER I

INTRODUCTION

1.1 Background to the Study

In psychological theory by Sigmund Freud (Freud,1923), there is a concept of the Ego Defense Mechanism. Ego Defense Mechanism consist of automatic psychological processes that protect the individual against anxiety and from the awareness of internal or external dangers or stressors. Individuals are often unaware of these processes as they operate. The defense mechanism mediates the individual's reaction to emotional conflict and internal and external stressors. A defense mechanism is an unconscious psychological mechanism that reduces anxiety arising from unacceptable or potentially harmful stimuli.

In Freud's view, the human is driven towards tension reduction, to reduce feelings of anxiety. Anxiety is an aversive inner state that people seek to avoid or escape. It arises out of a conflict among the id, the ego, and the superego. Human seeks to reduce anxiety through defense mechanisms.

The ego defense mechanism can be found in literary works, for the example of the movie. One of the movies that show the ego defense mechanism is *Divergent* movie. *Divergent* is a movie adapted by Veronica Roth's best-seller novel in 2011. *Divergent* is an action and romance movie, in this movie also includes a social politic

problem. The researcher's theme is about anxiety feelings and coping the anxiety on the main character in *the Divergent* movie directed by Neil Burger (2014).

The reciprocal relationship between literature and the society in *divergent* movie is the literature influence the society because this movie is adapted from a fiction novel. This is telling about a phenomenon, the phenomenon related to the politic issues, culture issues, crime, etc.

Divergent is an interesting movie, this movie tells about the five factions (social function in society or profession) in the life of the human. This concept makes the audience imagine if the faction use in the real world. This movie presents the anxiety experienced by the main character. Beatrice Prior is the main woman character. The analysis will be focused on the defense mechanism in Beatrice, to cope anxiety in her life. The research uses the psychoanalysis theory by Sigmund Freud.

Beatrice Prior who was born in an abnegation family. One day she had to take a test to determine what faction she is. Faction is a division of status according to one's nature. Each faction is equal to one another and has only one distinctive social function. The factions consist of five factions namely candor (law enforcer), erudite (scientist), amity (farmer), dauntless (protector, soldier, and police) and abnegation (public servant. On the day of the test, Beatrice feels afraid, afraid about the result of the test. If she is not abnegation and then she must leave her family. But she tried to cope her nervous she tried to tell herself that it is a rule, so she will know where she

belongs. However, Beatrice was shocked to know that she belongs to the *divergent*. *Divergent* is a person that has more than one nature inside him or her. The instructor gave a warning to Beatrice if she should keep the result of the test from every people or she would get hurt. If she were caught, she would be killed by society.

Beatrice decided to enter the dauntless faction and wanted to be called Tris. She tried to pass the test in dauntless with all her courage although it might threaten her life. she jumped down from the top building and she made dangerous acts. She tried hard to defend herself in dauntless. Unfortunately she always in the lowest rank. Tris afraid of expelling from dauntless and become factionless. She tried hard to survive in the middle of political competition. She tried to pass the test a become dauntless but many humans did not like her and try to get rid of her.

One day Tris came to the instructor who was testing her. She tells that Tris in danger situation because she chooses dauntless, Tris felt confused because she did not back to abnegation. And she feels that she may do not pass the test. Someday at the fighting arena, Tris loses her fighting against Peter. Eric as the leader of dauntless wants get her out and Tris very worried about it she afraid to be factionless. But she did not expel.

Tris fell in love with Four, Four is her trainer. Four also *divergent* but no one knows about it because he acts like dauntless. Four tried to help Tris to pass her test. And finally Tris past the test. They practice being dauntless with entering to the

Four's reflection together. She feels so happy because she can pass the test and now become a dauntless.

A person named Jeanine wanted to get rid of the divergent and abnegation and she considered them as the threat of harmonic life. Jeanine wanted her faction to become the biggest faction. Therefore, Tris was worried about her family in abnegation will be overthrown by erudite. Not only worried about her family she also worried about her life because she is divergent. She will be killed by erudite. Jeanine and the Erudite tried to give a serum for all dauntless, she wants the dauntless to killed abnegation. All of the dauntless unconscious and try to kill abnegation. That serum does not work for divergent, so Tris and Four want to stop it but they found out by Eric. They arrested but Tris can be free. She wants to save Four but Four is unconscious. In the end, Tris success makes him aware and then they stopped Jeanine.

This movie is suitable for the theory that is used by the researcher. The emotional or psychological of the major character in this story is unique. Someone can change his paradigm about something and try to find her identity. It relates to the psychological side of the human.

1.2 Statement of the Problem

Based on the background of the study on the preceding discussion, this research aims to answer these problems below :

1. Why Tris feels anxious and what kinds of anxiety does Tris character in *Divergent* movies?
2. How does Tris use defense mechanism to cope with her anxiety in *Divergent* movie?

1.3 Objective of the Study

In line with the problems of the study, the objectives are formulated as follows :

1. To reveal the cause and the kinds of anxiety experienced by Tris character in *Divergent* movie.
2. To analyze the ego defense mechanism used by Tris to cope with the anxiety in her life.

1.4 Scope of the Study

Divergent movie is a popular movie in 2014 this movie is directed by Neil Burger based on the 2011 best seller novel of the same name by Veronica Roth. This movie presents the anxiety experienced by the main female character. This research specifically discusses Tris Prior's anxiety that shows her feeling of fear and worries about her life. The researcher focuses on identifying kinds of Tris Prior's anxiety and also the defense mechanism that used to cope her anxiety. The researcher will analyze this movie by using psychoanalysis theory by Sigmund Freud.

1.5 Significance of the Study

The purpose of this research is to enrich the theoretical based on psychoanalysis theory especially in the analysis of the anxiety occurred in *Divergent*

movie. The researcher hopes this research can give valuable inputs and a new contribution to English literature students in understanding the anxiety and ego defense mechanism theory by Sigmund Freud. It also can give consciousness to the society that there are many phenomena of anxiety in the life of society. Thus, it can give more information about the functions of defense mechanisms. The researcher also hopes after reading this research, the reader could be more critical in watching the movie, especially American science fiction movies which same with *Divergent*.

1.6 Approach to the Study

To analyzing Tris Prior's character in the movie entitled *Divergent*, the researcher used the psychoanalysis study. The researcher uses psychoanalysis theory by Sigmund Freud, especially anxiety and ego defense mechanism theory. To analyze the characterization of the main female character, the researcher would be analyzed the anxiety and ego defense mechanism based on Sigmund Freud's theory.

In this research the researcher uses qualitative method which the data collected by using descriptive data. This study uses library and internet researches in the process of collecting the data. The main data is the movie script from *Divergent* movie. The second data taken from the other sources such as journals, previous research, essay, article and other relevant information.

The researcher divides the method of collecting data into some steps, the steps are :

- a. watching the movie entitled *Divergent* carefully.
- b. taking a note of the important parts in the primary and secondary data sources.
- c. classifying the data into some categories based on Sigmund Freud anxiety and ego defense mechanism theory.
- d. interpreting the movie script based on the statement of the problem.

1.7 Organization of the Paper

This research consists of five chapters. Chapter 1 is an introduction, it includes the background of the study, statement of the problem, the objective of the study, the scope of the study, the significance of the study, approach to the study, and organization of the paper. Chapter 2 includes the biography of the author and the synopsis of the work. Chapter 3 is a review of related literature. And then chapter 4 includes analysis and discussion. And the last is Chapter 5 in this chapter includes conclusion and suggestion.