

## CHAPTER 1

### INTRODUCTION

#### 1.1 Background to the Study

Sexuality is a very personal thing in an individual's life. Sexuality needed in humans is the same as eating needs that always demand to be fulfilled. Basically, sex becomes a normal thing for every individual, but in achieving sexual satisfaction, sometimes humans have different ways and even do in a deviant way. Sexual deviations include deviant forms and violating norms in people's lives, where the sexual activity of individuals in obtaining sexual pleasure is obtained improperly.

On American Psychiatry Association, sadomasochism disorder is “the condition experiencing sexual arousal is response to the extreme pain, suffering, or humiliation of others” (2013:1). Thus, it is valid that a person undergoing sexual disorder can achieve the sexual arousal through the display of extreme pain or suffering to others. One of the novels or movie that discusses about gaining sexual pleasure sadomasochism (sexual mental disorder) is *novel Trilogy Fifty Shade* by E.L James. It tells about the main character who engages in sadomasochist sexual activities with Anastasia Steele.

Fifty Shades Trilogy is written by a British author, Erika Leonard James, known as E.L James. It includes three novels, *Fifty Shades of Grey*, *Fifty Shades Darker*, and *Fifty Shades Freed*. The three books are published by The Writer’s Coffee Shop. The

first book, Fifty Shades of Grey and the second book, Fifty Shades Darker are published in 2011, while the third book, Fifty Shades Freed is published in 2012. The combined novels has been sold over 70 million copies in the United States and set the record in the United Kingdom as the fastest selling paperback of all time. In 2012, E.L James was named as one of the world's most influential people by Time Magazine.

The trilogy has a very interesting story because it provides the readers a very passionate love story between an innocent and virginal Anastasia and a successful businessman, Christian Grey, who has a very dark past that leads him to become a dominant or a sexual sadist. Ana meets Christian when she has to represent her roommate, Kate Kavanagh, on an interview with Christian Grey. During the interview, Ana finds Christian both charming and intimidating. Later, they reveal that they have interest to each other.

Christian lets Ana know that he does not do any romantic relationship and that the only relationship he is into is a sexual one and it is called BDSM (Bondage/Discipline, Dominance/Submissive & Sadism/Masochism) relationship. Ana has to fill a paper work first if she wants to get involved in such relationship with Christian.

Later, Ana finds out from Christian that he has a very dark past that leads him to what he is right now. Ana finds herself in love with Christian and Christian later realizes that he also loves her and wants more than just sexual relationship. The two then get married after having to face some obstacles in their relationship. After marriage, Ana and Christian still have to face difficulties in facing obstacles but they manage to stay together no matter what happens. In discussing the cause of sadomasochism, it is stated by Fahmy that “there is no universally accepted cause or theory explaining the origin of sexual sadism, or of sadomasochism”.<sup>2</sup> However, Fahmy conveys that the most influential cause of sadomasochism is that “they may experience distressed or impaired functioning because of the sadistic behaviors or fantasies”.<sup>3</sup> This study relates the possible causes with his action in the story for strengthening the valid cause of his sexual sadism disorder.

### **1.1 Statement of the Problem**

Based on the previous background of the study, two questions are formulated in order to answer the problems:

1. How is Christian Grey as a sadomasochism depicted in *Fifty Shade Trilogy* by E.L James?
2. What are the causes of the main character experienced sexual mental disorder?

### **1.2 The Objective of the Study**

The objectives of the study are:

1. To know what is sadomasochism depicted in novel *Fifty Shade Trilogy* by E.L James.
2. To identify the factors that cause the main character sadomasochism in *Fifty Shade Trilogy* by E.L James.

### **1.3 Scope of the Study**

Dealing with the statement of the problem, the scope of the study in this research focused on the analysis of the main character who experienced sexual mental disorder as a sadomasochism.

### **1.4 Significance of the Study**

This study is expected to give contribution to the analysis of causes why the main character experienced sexual mental disorder and Christian Grey as a sadomasochism is depicted in the novel *Fifty Shade Trilogy* by E.L James.

The writer also hopes this study will help the readers, researcher and the students to understand about the causes of sadomasochism and how is Christian Grey as a sadomasochism in this novel *Fifty Shade Trilogy* by E.L James.

### **1.5 Approach to the Study**

The technique of data gathering is detailed in the following step: read the novel, analyze the part that shows the cause of the main character experiencing sexual mental

disorder. The researcher used the theory of psychoanalysis by *Sigmund Freud* that is included as sadomasochism. Sadomasochism is the practice of obtaining pleasure by both inflicting pain and having pain inflicted upon oneself. Sadomasochism is nearly always of a sexual nature. The person who practices sadomasochism is a sadomasochist, the adjective form is sadomasochistic. Davidson and Neale also elaborate that the form of sadomasochistic (relationship between a sadist and a masochist) sexual intercourse are varied, such as restrain (physical bondage), blindfolding (sensory bondage), spanking, whipping, electrical shock, cutting and humiliation.

## **1.6 Organization of the Study**

The researcher organized this paper into five chapters to make it easy to understand.

Chapter I explains about the introduction that consists of background of the study, statement of the problem, objective of the study, scope of the study, significance of the study, approach of the study, and organization of the study.

Chapter II contains the biography of E.L James and the synopsis of the object which is a novel entitled *Fifty Shade Trilogy*. Followed by E.L James which Christian Grey suffered sexual mental disorder (sadomasochist)

Chapter III contains the review of related literature.

Chapter IV contains the finding and discussion which are the analysis of the object using theory of Psychoanalysis.

Chapter V contains the conclusion and suggestion.