

# **CHAPTER 1**

## **INTRODUCTION**

### **1.1 Background of the Study**

Literature is indicated as the absoluteness of how to express emotion through writing, but there is a regulation that not every written work can be classified as literature in the accurate sense of words (Klarer, 2004). Through Literature, everyone can show their thoughts, emotion, imagination, or ideas to share a moral value so that all humankind perhaps can sense the message and take a lesson from it. Moreover, some of the literature work has been created by the reflection on the related situations of someone's life which has occurred. Nowadays, literature is not always described as the written works only. One literary work that has developed by adding sounds and pictures as its supports is film. The film is one particular kind of literary work that implies a lot of moral values. It is the media for entertaining the viewers which appears like a story that contains sounds and images.

This makes film becomes a modern type of literature work due to the development of technology. The film provides various types of themes such as drama, horror, comedy, science, or psychology. Adjusted to any other literary works, the film can also be analyzed and interpreted. The elements that consist in the film are similar to those presented in the written literature. The analysis of the film aimed to carry out the meaning behind the film's approach which contains the basis of the film itself, along with the theoretical structure to interpret the link

between film and reality, the aesthetic values, and also the viewers' responses. (Dyer, 2000). On that occasion, the subject of this analysis is Nina Sayers as the main character the psychological thriller film entitles Black Swan.

The Black Swan film is starred with Natalie Portman as Nina Sayers, who is the main character of the story. Nina live her mother, Erica Sayers who is overprotective and strict. Nina Sayers describes as the dedicated ballerina in New York City ballet company. She is perfect with her technique when she is dancing. Through her appearance and perfect techniques, Nina is portrayed as an innocent girl with an obsession with being perfect. One day, the company announced that there will be a requirement for a new season with Tchaikovsky's Swan Lake. They are looking for a Swan Queen who can play dual roles at once since they have improved the story a little bit. The requirement is occurred due to the forced retirement of the previous ballerina, Beth MacIntyre. Thomas Leroy, the director of the ballet company has chosen the girls that possibly will be the candidates for the audition. Nina is one of the lucky girls who picked by Leroy to enroll for the audition, unfortunately, she failed at the audition because she can not pass to play as Black Swan. This failure is not stopping her from getting the Swan Queen roles, but this obsession leads her to suffer more with mental problems.

The approach that is suitable for this subject of this study is psychoanalysis by Sigmund Freud. The writer is absorbed to analyze the main character of this film Nina Sayers, who is indicated suffered from anxiety after following her obsession with perfection. Anxiety is an uncomfortable feeling in which occurs followed by unexpected painful emotional experience caused by the imbalance

amongst id, ego and superego ( Hall, 1954:61). The reason the writer has chosen this approach because the theme of the film itself is also related to the psychological theory. In psychological work commonly discusses about the system personality of human. Talking about anxiety, this topic is aligned with the defense mechanism which has the function to reduce anxiety. Therefore, based on the analysis of the *Black Swan* film, the writer using Psychoanalysis by Sigmund Freud entitled “An Analysis Disorder of Anxiety in Andres Heinz' *Black Swan*”.

## **1.2 Statement of the Problem**

Based on the background of the study above, here are the several problems which can be arranged as follows:

1. What kind of anxiety that the main character has suffered?
2. What are the causes of anxiety disorder suffered by the main character?
3. How does the main character cope with her anxiety?

## **1.3 The objective of the Study**

Relating to the statement of the problem, there is the objective of the study as follows:

1. To identify what kind of anxiety which the main character has suffered
2. To reveal the causes of anxiety disorder suffered by the main character.
3. To find out the main character's way to cope with her anxiety

#### **1.4 Significance of the Study**

The significance of the study is categorized into two parts, the first one is for academic purposes and the other one is for beneficial purposes. Academically, this significance of the study is to accomplish one of the fulfillment to get the Strata 1 (S1) or the Undergraduate Degree of the Faculty of Language and Cultural Studies of the Universitas Stikubank (UNISBANK) Semarang.

Beneficially, the researcher expects this study will be beneficial not only for the researcher but also for the mass community and society. Expectantly, this study will scientifically increase our bits of knowledge about anxiety and the use of defense mechanisms. Thus, society can be more aware of anxiety and the impacts for the ones who struggle with this mental health, so that we can erase the bad stigma among the survivors.

#### **1.5 The Approach of the Study**

The approach of the study of this research using Psychoanalytic Criticism by Sigmund Freud. According to Freud, anxiety is classified by three anxiety namely moral anxiety, neurotic anxiety, and realistic anxiety. First, the researcher will identify the kind of anxiety in Nina Sayers. Second, find out the factors that make Nina Sayers is suffering from anxiety. Someone who is struggling with anxiety needs a defense mechanism to reduce their anxiety. For that occasion, the third is the researcher will identify Nina's defense mechanism so that the researcher will find out how Nina Sayers reduces her anxiety.

The method in this research is using the qualitative analysis method. The data is collected by watching the film, choosing the important movie scenes which related to this research, then rewatching the movie all over again to fit the missing gaps. In having collected the data, the researcher has done these kinds of procedure as follow below:

1. Watch the movie along with taking a note of the important parts of the movie script
2. Analyze the anxiety shows in Nina Sayers
3. Analyze how the relationship between Nina Sayer with the supporting characters might lead her to suffer from anxiety. This is possible will be the reason why Nina has anxiety.
4. Collect some supporting data from the movie, and implementing the theory to ensure that the findings are valid

### **1.6 Scope of the Study**

The study focuses on finding out the type of anxiety that Nina Sayers has felt according to Sigmund Freud's psychoanalysis theory. The anxiety might appear because the tension between her and other characters. It is crucial to focus on the scene wherein Nina Sayers argues with other characters. This assist to find out about the factors that lead her to suffer from anxiety. For the final, the researcher acknowledges the kind of defense mechanism that Nina Sayers applied to reduce her anxiety.

## **1.7 Organization of the Paper**

This study consists of five chapters. The first chapter is introduction namely the background of the study, statement of the problem, objectives of the study, the scope of the study, the significance of the study, and approach of the study. The second chapter is about the discussion of the synopsis of the movie and the biography of the writer and director of the *Black Swan* film. The third chapter consists of a review of related literature. The review of literature is divided into previous findings, theory applied, literature, and important terminologies used in the movie related to the topic of the study. The fourth chapter comprises an analysis and discussion of the study. And the final chapter consists of the conclusion and suggestion.